

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Table of Contents

Part I: Assurances

Section 1: Legal Basis and Certifications

Section 2: SPIL Development

Section 3: Independent Living Services

Section 4: Eligibility

Section 5: Staffing Requirements

Section 6: Fiscal Control and Fund Accounting

Section 7: Recordkeeping, Access and Reporting

Section 8: Protection, Use and Release of Personal Information

Section 9: Signatures

Part II: Narrative

Section 1: Goals, Objectives and Activities

Section 2: Scope, Extent, and Arrangements of Services

Section 3: Design for the Statewide Network of Centers

Section 4: Designated State Unit (DSU)

Section 5: Statewide Independent Living Council (SILC)

Section 6: Service Provider Requirements

Section 7: Evaluation

Section 8: State-Imposed Requirements

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part I: Assurances

Section 1: Legal Basis and Certifications

1.1 The designated State unit (DSU) eligible to submit the State Plan for Independent Living (SPIL or the plan) and authorized under State law to perform the functions of the State under the State Independent Living Services (SILS) and Centers for Independent Living (CIL) programs.

Arkansas Rehabilitation Services-Ark. Dept. of Career Education

1.2 The separate State agency eligible to submit the plan and authorized under State law to provide vocational rehabilitation (VR) services to individuals who are blind.

Division of State Services for the Blind-Ark. Dept. of Human Services

1.3 The Statewide Independent Living Council (SILC) that meets the requirements of section 705 of the Act and is authorized to perform the functions outlined in section 705(c) of the Act in the State.

Arkansas Independent Living Council

1.4 The DSU and, if applicable, the separate State agency authorized to provide VR services to individuals who are blind, and the SILC are authorized to jointly develop, sign and submit this SPIL on behalf of the State, and have adopted or otherwise formally approved the SPIL.

Yes

1.5 The DSU, and, if applicable, the separate State agency authorized to provide VR services to individuals who are blind, may legally carry out each provision of the plan and will comply with all applicable Federal statutes and regulations in effect with respect to the three-year period it receives funding under the SPIL.

Yes

1.6 The SPIL is the basis for State operation and administration of the program. All provisions of the SPIL are consistent with State law.

Yes

1.7 The representative of the DSU and, if applicable, of the separate State agency authorized to provide VR services to individuals who are blind, who has the authority under State law to receive, hold, and disburse Federal funds made available under the SPIL and to submit the SPIL

jointly with the SILC chairperson are Robert P. Treviño, Commissioner and Katy Morris, Director.

Section 2: SPIL Development

2.1 The plan shall be reviewed and revised not less than once every three years, to ensure the existence of appropriate planning, financial support and coordination, and other assistance to appropriately address, on a statewide and comprehensive basis, the needs in the State for:

- The provision of State independent living services;
- The development and support of a statewide network of centers for independent living;
- Working relationships between programs providing independent living services and independent living centers, the vocational rehabilitation program established under title I, and other programs providing services for individuals with disabilities.

Yes

2.2 The DSU and SILC conduct public meetings to provide all segments of the public, including interested groups, organizations and individuals, an opportunity to comment on the State plan prior to its submission to the Commissioner and on any revisions to the approved State plan.

Yes

2.3 The DSU and SILC establish and maintain a written description of procedures for conducting public meetings in accordance with the following requirements. The DSU and SILC shall provide:

- appropriate and sufficient notice of the public meetings;
- reasonable accommodation to individuals with disabilities who rely on alternative modes of communication in the conduct of the public meetings, including providing sign language interpreters and audio-loops; and
- public meeting notices, written material provided prior to or at the public meetings, and the approved State plan in accessible formats for individuals who rely on alternative modes of communication.

Yes

2.4 At the public meetings to develop the State plan, the DSU and SILC identify those provisions in the SPIL that are State-imposed requirements beyond what would be required to comply with the regulations in 34 CFR parts 364, 365, 366, and 367.

Yes

2.5 The DSU will seek to incorporate into, and describe in, the State plan any new methods or approaches for the provision of IL services to older individuals who are blind that are developed under a project funded under chapter 2 of title VII of the Act and that the DSU determines to be effective.

Yes

2.6 The DSU and SILC actively consult, as appropriate, in the development of the State plan with the director of the Client Assistance Program (CAP) authorized under section 112 of the Act.

Yes

Section 3: Eligibility

3.1 The State, directly or through grants or contracts, will provide IL services with Federal, State, or other funds.

Yes

3.2 Independent living services shall be provided to individuals with significant disabilities in accordance with an independent living plan mutually agreed upon by an appropriate staff member of the service provider and the individual, unless the individual signs a waiver stating that such a plan is unnecessary.

Yes

3.3 All service providers will use formats that are accessible to notify individuals seeking or receiving IL services under chapter 1 of title VII about:

- the availability of the CAP authorized by section 112 of the Act;
- the purposes of the services provided under the CAP; and
- how to contact the CAP.

Yes

3.4 Participating service providers meet all applicable State licensure or certification requirements.

Yes

Section 4: Eligibility

4.1 Any individual with a significant disability, as defined in 34 CFR 364.4(b), is eligible for IL services under the SILS and CIL programs authorized under chapter 1 of title VII of the Act. Any individual may seek information about IL services under these programs and request referral to other services and programs for individuals with significant disabilities, as appropriate. The determination of an individual's eligibility for IL services under the SILS and CIL programs meets the requirements of 34 CFR 364.51.

Yes

4.2 Service providers apply eligibility requirements without regard to age, color, creed, gender, national origin, race, religion or type of significant disability of the individual applying for IL services.

Yes

4.3 Service providers do not impose any State or local residence requirement that excludes any individual who is present in the State and who is otherwise eligible for IL services from receiving IL services.

Yes

Section 5: Staffing Requirements

5.1 Service provider staff includes personnel who are specialists in the development and provision of IL services and in the development and support of centers.

Yes

5.2 To the maximum extent feasible, a service provider makes available personnel able to communicate:

- with individuals with significant disabilities who rely on alternative modes of communication, such as manual communication, nonverbal communication, nonverbal communication devices, Braille or audio tapes, and who apply for or receive IL services under title VII of the Act; and
- in the native languages of individuals with significant disabilities whose English proficiency is limited and who apply for or receive IL services under title VII of the Act.

Yes

5.3 Service providers establish and maintain a program of staff development for all classes of positions involved in providing IL services and, if appropriate, in administering the CIL program. The staff development programs emphasize improving the skills of staff directly responsible for the provision of IL services, including knowledge of and practice in the IL philosophy.

Yes

5.4 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will take affirmative action to employ and advance in employment qualified individuals with significant disabilities on the same terms and conditions required with respect to the employment of individuals with disabilities under section 503 of the Act.

Yes

Section 6: Fiscal Control and Fund Accounting

6.1 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will comply with applicable EDGAR fiscal and accounting requirements and will adopt those fiscal control and fund accounting procedures as may be necessary to ensure the proper disbursement of and accounting for those funds.

Yes

Section 7: Recordkeeping, Access and Reporting

7.1 In addition to complying with applicable EDGAR recordkeeping requirements, all recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will maintain records that fully disclose and document:

- the amount and disposition by the recipient of that financial assistance;
- The total cost of the project or undertaking in connection with which the financial assistance is given or used;

- the amount of that portion of the cost of the project or undertaking supplied by other sources;
- compliance with the requirements of chapter 1 of title VII of the Act and Part 364 of the regulations; and
- other information that the Commissioner determines to be appropriate to facilitate an effective audit.

Yes

7.2 With respect to the records that are required by 34 CFR 364.35, all recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will submit reports that the Commissioner determines to be appropriate.

Yes

7.3 All recipients of financial assistance under parts B and C of chapter 1 of title VII of the Act will provide access to the Commissioner and the Comptroller General, or any of their duly authorized representatives, to the records listed in 34 CFR 364.37 for the purpose of conducting audits, examinations, and compliance reviews.

Yes

Section 8: Protection, Use, and Release of Personal Information

8.1 Each service provider will adopt and implement policies and procedures to safeguard the confidentiality of all personal information, including photographs and lists of names in accordance with the requirements of 34 CFR 364.56(a)(1-6).

Yes

Section 9: Signatures

After having carefully reviewed all of the assurances in sections 1 - 8 of this SPIL, the undersigned hereby affirm that the State of Arkansas is in compliance and will remain in compliance with the aforementioned assurances during 2011-2013.

The effective date of this SPIL is October 1, 2010.

Section 9: Signature for SILC Chairperson

Name **Billy Altom**
 Title **Chairperson**
 Signed? Yes
 Date signed 6-24-10

Section 9: Signature for DSU Director

Name **Robert P. Treviño**
 Title **Commissioner**
 Signed? Yes
 Date signed 6-24-10

Section 9: Signature for Separate State Agency for Individuals Who Are Blind

Is there a Separate State Agency for Individuals Who Are Blind?
Yes

Name Katy Morris
Title Director
Signed? Yes
Date signed 6-24-10

State Plan for Independent Living (SPIL)

State: Arkansas
Agency: Arkansas Rehabilitation Services
Plan for: 2011-2013
Submitted in fiscal year: 2010

Part II: Narrative

Section 1: Goals, Objectives and Activities - Screen 1

1.1 Goals and Mission

Describe the overall goals and mission of the State's IL programs and services. The SPIL must address the goals and mission of both the SILS and the CIL programs, including those of the State agency for individuals who are blind as they relate to the parts of the SPIL administered by that agency.

Goal Name: Mission of the SILS and CIL Programs

Goal Description:

Increase the ability of Arkansans with significant disabilities to lead productive and independent lives by improving the quality and collaborative nature of independent living (IL) services provided by Arkansas Rehabilitation Services (ARS), the Division of Services for the Blind (DSB), the SILC and the Centers for Independent Living (Centers).

Goal Name: Goal of the SILC

Goal Description:

The goal of the Arkansas State Independent Living Council is to promote independence, including freedom of choice and full inclusion into the mainstream of society, for all Arkansans with disabilities.

Goal Name: Goal of the Centers for Independent Living

Goal Description:

The goal of the Arkansas State Independent Living Council is to provide services, support and advocacy that enable people with significant disabilities to live as independently as possible within their communities. The Centers strive to achieve full integration of persons with disabilities into the mainstream of society. The Centers work to increase people with disabilities'

awareness and knowledge of the importance of their own personal power to direct the course of their own lives and independence. Centers promote the philosophy of Consumer Control.

Goal Name: Goal of the Division of State Services for the Blind

Goal Description:

The Arkansas Division of State Services for the Blind (DSB) is dedicated to the independence of Arkansans who are blind or severely visually impaired and is committed to the principle that these individuals have the right to make informed choices regarding where they live, where they work, how they participate in the community, and how they interact with others.

The DSB goal is to work in partnership with these Arkansans by assisting them in obtaining the information they need to make informed choices, and by providing them with access to services that increase their opportunities to live as they choose.

Within the constraints of state and federal laws and based on available funds, DSB fulfills its goal through assisting Arkansans who are blind or severely visually impaired to live as independently as possible through the development of skills, accommodations, or adaptations that are necessary to perform all activities of daily living.

DSB offers independent living services under Chapter 1 of the Title VII of the Rehabilitation Act through its ten field offices throughout Arkansas. Information and referral; assessment; mobility; rehabilitation teaching; low vision services, counseling; skill instruction; limited transportation; and adaptive aides and devices are provided to eligible individuals in accordance with their Individualized Plans for Elders. The IPE is jointly developed between the consumer and/or representative, as appropriate, and his/her Rehabilitation Teacher. These services are available in all 75 counties. DSB partners with the Arkansas Independent Living Council (AILC) and the Centers for Independent Living (CILs) to provide independent living services. DSB has faith-based contracts with two of the CILs and is soliciting contracts with the remaining two. DSB already collaborates with the remaining CILs on referrals and services.

Goal Name: Goal of Arkansas Rehabilitation Services

Goal Description:

The goal of Arkansas Rehabilitation Services Division is to provide services resulting in meaningful employment and independence for Arkansans living with disabilities. The ARS strives to provide independent living services that enhance the ability of an eligible individual with a significant disability to live more independently and function within his/her family or community and, if appropriate, secure and maintain appropriate employment. The overall goal of ARS for the SILS program is to promote the integration, and full inclusion of individuals with significant disabilities into the mainstream of American society.

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part II: Narrative

Section 1: Goals, Objectives and Activities - Screen 2

1.2 Objectives

1.2A. Specify the objectives to be achieved and the time frame for achieving them.

Goal(s) from Section 1.1	Objective to be achieved	Time frame start date	Time frame end date
<p>Mission of the SILS and CIL Programs</p> <p>Goal of the SILC</p> <p>Goal of the Centers for Independent Living</p> <p>Goal of the Division of Services for the Blind</p> <p>Goal of Arkansas Rehabilitation Services</p>	<p>Objective 1- Systems Change. Identify local and statewide barriers to IL and implement systems advocacy strategies involving the Centers in collaboration with the Arkansas Independent Living Council (AILC), ARS, DSB and other councils, task forces, and community organizations.</p> <p>Activity 1 - Identify barriers. ARS, DSB, the Centers and the AILC will collaborate to identify local and statewide barriers to independent living. The AILC will conduct Community Forums to identify barriers and document needs.</p> <p>Activity 2- Develop strategies. ARS, DSB, the Centers and AILC will collaborate to develop strategies to address/remove identified barriers.</p> <p>Activity 3 - Implement strategies. ARS, DSB, and the Centers will implement agreed-upon strategies to address/remove identified barriers to independent living.</p> <p>Activity 4 - Evaluate effectiveness. ARS, DSB, the Centers and AILC will evaluate the effectiveness of the strategies used to address/remove identified barriers and reconfigure its strategies as necessary.</p> <p>Activity 5 - Monitor legislation. The AILC will monitor federal, state, and local legislative efforts impacting individuals with disabilities.</p>	<p>10/01/2010</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>	<p>9/30/2013</p>

	<p>Activity 6 - Develop an Emergency Preparedness Plan. The AILC, in collaboration with ARS, DSB, the Centers and other agencies concerned with the well being of individuals with disabilities, will develop an Emergency Preparedness Plan for Arkansans with disabilities. In addition, DSB continues to collaborate with the AILC, the Department of Human Services, and other state agencies to plan for emergency response and maintenance of services in the aftermath of a disaster for consumers who are blind or visually impaired.</p> <p>Activity 7 - Collaborate with other SILCs The AILC will collaborate with other SILC's nationally in promoting the IL philosophy for all Americans with disabilities.</p> <p>Activity 8 - The AILC will meet quarterly with the Centers. The AILC shall facilitate quarterly meetings with the Centers regarding specific advocacy needs in their geographic regions.</p>	<p>10/01/2010</p> <p>Ongoing</p> <p>Quarterly</p>	<p>07/01/2013</p>
<p>Mission of the SILS and CIL Programs</p> <p>Goal of the SILC</p> <p>Goal of the Centers for Independent Living</p> <p>Goal of the Division of Services for the Blind</p> <p>Goal of Arkansas Rehabilitation</p>	<p>Objective 2 - Increase public awareness regarding Independent Living. ARS, DSB, the Centers and AILC will increase public awareness of the IL philosophy and availability of IL services.</p> <p>Activity 1 - Train staff and Board. The SILC, ARS, and DSB will invite knowledgeable presenters and knowledgeable individuals from the IL Network to train staff and board members on IL issues. ARS and DSB will request IL training from knowledgeable presenters from the University of Arkansas Center for the Utilization of Rehabilitation Resources for Education, Networking, Training and Service (CURRENTS) and the Centers as needed to train new staff and update current staff.</p> <p>Activity 2 - Develop public relations activities.</p>	<p>10/01/2010</p> <p>Ongoing</p> <p>Ongoing</p>	<p>9/30/2013</p>

<p>Services</p>	<p>Through inclusion in brochures and public service announcements, speaking engagements, and exhibit booths, ARS, DSB, Centers and the AILC, will increase public awareness of IL philosophy and services.</p> <p>Activity 3 - Inform transition students. Eligible high school students will receive counseling and training in independent living skills from ARS, DSB, and the Centers. The state agencies will invite a guest speaker to present information about the IL philosophy to high school students who are blind or severely visually impaired and are attending the DSB Jump Start transition program and the ARS Youth Leadership Forum.</p> <p>Activity 4 - Inform community and government. The AILC in collaboration with the Centers will inform people with disabilities, their families, grass-root organizations, businesses, government agencies as well as other stakeholders about the IL philosophy and availability of services.</p> <p>Activity 5 - Maintain website. The AILC will maintain a website. AILC staff will be trained on website development and maintenance. The website will be updated on an as-needed basis. The AILC will evaluate what linkages currently exist and their effectiveness and investigate other possible linkages. The website will include Center's activities and calendars of events.</p> <p>Activity 6 - Create PowerPoint presentation. The AILC will create an updated Power Point presentation on IL philosophy and advocacy. The purpose of the presentation will be used for awareness and education. The presentation will be reviewed annually to ensure inclusion of current disability related issues and activities.</p> <p>Activity 7 - Update resource library. The AILC will update the resource library with current information in appropriate formats and</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>10/01/11</p>	<p></p> <p></p> <p></p> <p></p> <p>07/01/13</p>
-----------------	--	---	---

	languages.		
Goal of Arkansas Rehabilitation Services	Objective 3 - Enhance ARS IL services. ARS will initiate activities to enhance IL services.	10/01/2010	9/30/2013
	Activity 1 - Enhance consumer/counselor interaction. ARS will identify and provide training to ARS Counselors to enhance ARS IL services in collaboration with the AILC and the Centers.	Ongoing	
	Activity 2 - Develop a customer satisfaction survey. ARS will develop a customer satisfaction instrument for IL consumers. ARS counselors will dispense the survey.	Ongoing	
	Activity 3 - Update IL policies and procedures to reflect IL philosophy. ARS has formed a workgroup to revise the ARS Policy and Procedures Manual. The revision will incorporate policy and procedure that reflects updated IL philosophy, and complies with current law and regulations.	10/01/10	09/30/11
	Activity 4 - Update ARIMIS system for IL. April 2010 ARS contracted with Libera Software to replace the current ARS case management software system with system 7. ARS will include updated IL data tracking and case management capability.	10/01/10	09/30/11
Activity 5 - Increase collaboration with the Centers. ARS will increase collaboration with the Centers through increased participation in Centers' meetings. ARS will also include opportunities for the Centers to attend and provide IL training during ARS meetings and Conferences.	Ongoing		
Goal of the Division of Services for the Blind	Objective 4 - Enhance DSB IL services DSB will initiate activities to enhance IL services.	10/01/2010	9/30/2013
	Activity 1 - Increase public awareness.	Ongoing	

	<p>DSB will increase public awareness of its IL services through speaking engagements; having exhibit booths at related events; meeting with support groups; continuing or expanding faith-based contracts with CILs; and publicizing success stories and IL information through the Arkansas Information Reading Services for the Blind and its newly added NEWSLINE service; the DSB website; news releases; and the DHS communications network. The agency will implement the DSB Board initiative to have an annual Older Blind Consumer of the Year award to recognize consumers who achieve a high level of independence and increased skills while receiving DSB IL services.</p> <p>Activity 2 - Collaborate with the AILC and Centers. DSB will maintain cooperative relationships with the AILC and the Centers. DSB will use the Centers to build the capacity of DSB to provide and promote independent living services for individuals who are blind or severely visually impaired. DSB will collaborate with the AILC and the Centers in expanding the knowledge and awareness of the independent living philosophy. Of the four Centers, DSB has faith-based contracts with two. DSB works closely with the remaining CILs on referrals and services and is soliciting contracts with them.</p> <p>Activity 3 - Evaluate effectiveness. DSB will evaluate the effectiveness of the CIL's that DSB has contracts with by reviewing monthly reports from the CIL's and making periodic visits.</p>	<p>Ongoing</p> <p>Ongoing</p>	
<p>Mission of the SILS and CIL Programs</p> <p>Goal of the Centers for Independent Living</p>	<p>Objective 5 - Outreach to unserved and underserved populations and areas. ARS, DSB, the Centers will initiate activities to improve outreach to unserved and underserved populations and areas.</p> <p>Activity 1 - The state agencies and Centers will include outreach in public relations efforts. ARS and DSB will include IL services in public</p>	<p>10/01/2010</p> <p>Ongoing</p>	<p>9/30/2013</p>

<p>Goal of the Division of Services for the Blind</p> <p>Goal of Arkansas Rehabilitation Services</p>	<p>relations efforts including outreach to unserved and underserved populations in brochures and public service announcements. The state agencies and the Centers will continue to include outreach through involvement in community activities. Brochures in native languages will be utilized. Public services announcements will include outreach.</p> <p>Activity 2 - Assessment of IL needs in underserved geographical areas of the state. The AILC will utilize surveys, forums and focus groups with stakeholders to assess the needs for IL services in the geographical areas that are served by the Centers. ARS counselors will distribute the survey to individuals statewide. AILC will develop forums or interest group discussions to assess the IL needs.</p> <p>Activity 3 - Coordination of services between state agencies and Centers. In the catchment areas of each Center, during the implementation of the of the 2011-2013 State Plan, the Centers will increase their concentration in reference to the IL core service counseling and referring consumers to the appropriate state agencies for assistance with securing needed IL items and services. In geographical areas that are not located within the service area of a Center, the state agencies will coordinate to provide additional IL core service counseling. The Centers will provide technical assistance to facilitate with the training of state agency counselors and the implementation of this activity.</p>	<p>Ongoing</p> <p>Ongoing</p>	
<p>Mission of the SILS and CIL Programs</p> <p>Goal of the SILC</p> <p>Goal of the Centers for Independent</p>	<p>Objective 6 - Collaboration. The entities will explore new and innovative areas for collaboration among ARS, DSB, the SILC and the Centers in provision of services and areas of mutual interest.</p> <p>Activity 1 - Collaboration among ARS, DSB, the AILC and the Centers. ARS, DSB, AILC and the Centers will strive to maintain cooperative relationships. Each entity</p>	<p>10/01/2010</p> <p>Ongoing</p>	<p>9/30/2013</p>

<p>Living</p> <p>Goal of the Division of Services for the Blind</p> <p>Goal of Arkansas Rehabilitation Services</p>	<p>will work with the others to build the capacity to provide and promote independent living services. The entities will collaborate in expanding the knowledge and awareness of the independent living philosophy within Arkansas.</p> <p>Activity 2 - Explore and find ways to collaborate in eliminating barriers to deinstitutionalization. ARS, DSB and the Centers will explore ways to collaborate in eliminating barriers for deinstitutionalization and transition from nursing homes.</p> <p>Activity 3 - Explore and find ways to collaborate in Transition. ARS, DSB and Centers will explore collaborative efforts in providing Transition services to high school students.</p> <p>Activity 4 - Explore and find ways to collaborate with Arkansas and Career Training Institute (ACTI). ARS and the Centers will explore collaboration in Centers involvement in the orientation process for new students enrolled at the (ACTI).</p> <p>Activity 5 - Consumer satisfaction surveys from Centers to AILC. The Centers will conduct consumer satisfaction surveys and provide them to the AILC.</p>	<p>Ongoing</p> <p>Ongoing</p> <p>10/01/2010</p> <p>Ongoing</p>	<p>04/01/2011</p>
---	---	--	-------------------

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part II: Narrative

Section 1: Goals, Objectives and Activities - Screen 3

1.2 Objectives

1.2B Describe the steps planned regarding outreach to populations in the State that are unserved or underserved by programs under title VII, including minority groups and urban and rural populations.

- Identify the populations to be designated for targeted outreach efforts

The populations to be targeted for outreach are African American, Hispanic, Pacific Islanders, Native American and Asian.

- Identify the geographic areas (i.e., communities) in which the targeted populations reside

There are four CILs in Arkansas: (1) Delta Resource Center (2) Independent Living Resource Center d.b.a. Mainstream (3) Spa Area Independent Living Services (SAILS) and (4) Sources for Community IL Services (SOURCES). The Centers provide the four core services in 25 of the 75 counties. SOURCES service area covers four counties in northwest corner of Arkansas. Delta Resource Center service area serves 10 counties in southeast Arkansas. Mainstream service area covers five counties in the central Arkansas and part of Saline County. SAILS covers five counties in the Southwest central region of the state and the rest of Saline. This leaves significant areas of the state that are not in a CIL service area. The counties not served include both urban and rural populations and minorities. African Americans are located in these geographical areas as well as an increasing Hispanic population. There is also a small Asian population within the state. The minority populations are not concentrated in any geographical area. The minority populations are located within the service areas of the Centers as well as in the counties served only by the DSUs. The exception is a Pacific Islander community in Northwest Arkansas.

- Describe how the needs of individuals with significant disabilities from minority group backgrounds will be addressed

ARS and DSB provide IL services and outreach activities through their field offices for underserved populations including minorities in all 75 counties. The state agencies also provide outreach through collaboration with the Arkansas Workforce Centers One-Stops throughout the state. The state agencies and Centers include outreach to these populations through public relations efforts in brochures and public service announcements and involvement in community activities. The state agencies actively and successfully recruit minority staff. The state agencies, Centers and AILC have developed lists of organizations that provide translators of native languages. The AILC is developing a resource library that includes native languages.

1.3 Financial Plan

Describe in sections 1.3A and 1.3B, below, the financial plan for the use of Federal and non-Federal funds to meet the SPIL objectives.

1.3A Financial Plan Tables

Complete the financial plan tables covering years 1, 2 and 3 of this SPIL. For each funding source, provide estimated dollar amounts anticipated for the applicable uses. The financial plan

table should include only those funding sources and amounts that are intended to support one or more of the objectives identified in section 1.2 of the SPIL. To the extent possible, the tables and narratives must reflect the applicable financial information from centers for independent living. Refer to the SPIL Instructions for additional information about completing the financial tables and narratives.

Year 1 - 2011 Approximate funding amounts and uses

Sources	SILC resource plan	IL services	General CIL operations	Other SPIL activities
Title VII Funds				
Title VII Funds Chapter 1, Part B		\$37,558	\$284,705	
Title VII Funds Chapter 1, Part C			\$826,962	
Title VII Funds Chapter 2, OIB (only those provided by the OIB grantee to further a SPIL objective)				
Other Federal funds - Sec. 101(a)(18) of the Act (Innovation and Expansion)	\$169,955			
Other Federal funds - other				
Non-Federal funds - State funds		\$164,892		
Total	\$169,955	\$202,450	\$1,111,667	0

Year 2 - 2012 Approximate funding amounts and uses

Sources	SILC resource plan	IL services	General CIL operations	Other SPIL activities
Title VII Funds				
Title VII Funds Chapter 1, Part B		\$37,558	\$284,705	
Title VII Funds Chapter 1, Part C			\$826,962	
Title VII Funds Chapter 2, OIB (only those provided by the OIB grantee to further a SPIL objective)				
Other Federal funds - Sec. 101(a)(18) of the Act (Innovation and Expansion)	\$175,054			
Other Federal funds - other				
Non-Federal funds - State funds		\$164,892		
Total	\$175,054	\$202,450	\$1,111,667	0

Year 3 - 2013 Approximate funding amounts and uses

Sources	SILC resource plan	IL services	General CIL operations	Other SPIL activities
Title VII Funds				
Title VII Funds Chapter 1, Part B		\$37,558	\$284,705	
Title VII Funds Chapter 1, Part C			\$826,962	
Title VII Funds Chapter 2, OIB (only those provided by the OIB grantee to further a SPIL objective)				
Other Federal funds - Sec. 101(a)(18) of the Act (Innovation and Expansion)	\$180,306			
Other Federal funds - other				
Non-Federal funds - State funds		\$164,892		
Total	\$180,306	\$202,450	\$1,111,667	0

1.3B Financial Plan Narratives

1.3B(1) Specify how the part B, part C and chapter 2 (Older Blind) funds, if applicable, will further the SPIL objectives.

The ARS and DSB Part B funds and matching funds are used to provide IL services directly to eligible individuals through ARS-VR counselors and DSB-IL Counselors. ARS objectives include increasing emphasis on IL core services and training for counselors in IL philosophy. Most of ARS Part B funds support the operation of the CIL programs. The Centers use Part C dollars to promote the IL philosophy, including a philosophy of consumer control, transition from nursing homes and the integration of people with significant disabilities into the mainstream of society. Funds from both Part B and Part C will be utilized in outreach activities.

1.3B(2) Describe efforts to coordinate Federal and State funding for centers and IL services, including the amounts, sources and purposes of the funding to be coordinated.

Federal and state funds for the Centers and IL services are coordinated through the state plans and financial accounting procedures of ARS and DSB. Funding amounts for the AILC and Centers from the DSUs Part B and Section 110 funds are negotiated and determined by the DSUs, the AILC and the CIL programs. ARS Part B federal funds are mostly used to support the operation of the Centers with the balance of state matching funds used to provide IL services. Innovation & Expansion funds from Section 110 are used to support the AILC. The following table gives the amounts. The amounts cover the first year of funding and are estimates since funding is under continuing resolution and difficult to estimate accurately for years two and three.

Sources Approximate Funding Amounts and Uses

IL Services

Chapter I, Part B	\$ 37,558 (DSB)
State Match	4,171 (DSB)
	<u>160,721 (ARS)</u>
Total	\$ 202,450

General CIL Operation

Chapter I, Part B	\$ 62,339 Delta (ARS)
	24,000 Mainstream (ARS)
	93,183 SOURCES (ARS)
	<u>105,183 SAILS (ARS)</u>
	\$ 284,705 Subtotal
Chapter I Part C	\$ 166,433 Delta
	327,663 Mainstream
	166,433 SOURCES
	<u>166,433 SAILS</u>
	\$ 826,962 Subtotal
Total	\$ 1,111,667

SILC Resource Plan

Sec. 101(a)(18)	\$ 149,560 ARS
	<u>20,395 DSB</u>
Total	\$ 169,955

1.3B(3) Describe any in-kind resources including plant, equipment or services to be provided in support of the SILC resource plan, IL services, general CIL operations and/or other SPIL objectives.

No in-kind resources are provided.

1.3B(4) Provide any additional information about the financial plan, as appropriate.

No additional information is appropriate.

1.4 Compatibility with Chapter 1 of Title VII and the CIL Work Plans

1.4A Describe how the SPIL objectives are consistent with and further the purpose of chapter 1 of title VII of the Act as stated in section 701 of the Act and 34 CFR 364.2.

The goals and objectives under Section 1 of the Arkansas SPIL are consistent and support the purposes stated in the Act:

". . . to promote a philosophy of independent living, including a philosophy of consumer control, peer support, self help, self determination, equal access, and individual and system advocacy, in order to maximize the leadership, empowerment, independence, and productivity of individuals

with disabilities, and the integration and full inclusion of individuals with disabilities into the mainstream of American society. . ."

The overall goal and mission of the SPIL is to increase the ability of Arkansans with significant disabilities to lead productive and independent lives by improving the quality and collaborative nature of independent living (IL) services provided by the IL entities in the state. Objective 1 in the SPIL is Systems Change to identify and eliminate barriers to IL and implement strategies to improve IL services. Objective 2 is to increase public awareness of IL philosophy and availability of services. Objectives 3 and 4 are to enhance IL services provision and promotion of IL philosophy by the state agencies. Objective 5 involves activities to enhance outreach to unserved and underserved populations through assessment of needs in underserved geographical areas, public relations efforts, and coordination of services with ARS, DSB, and the Centers. Objective 6 is to explore new and innovative ways for collaboration among the IL entities. The SPIL provides financial assistance for providing, expanding, and improving the provision of independent living services; to develop and support statewide networks of centers for independent living; and for improving working relationships among independent living entities including ARS, DSB, AILC, the Centers and their partners.

1.4B Describe how, in developing the SPIL objectives, the DSU and the SILC considered and incorporated, where appropriate, the priorities and objectives established by centers for independent living under section 725(c)(4) of the Act.

The Centers are working partners with ARS, DSB and the AILC in development of the SPIL objectives. The SPIL objectives were developed on a collaborative basis with ARS, DSB, the AILC and the Centers. The priorities and objectives of the Centers' work plans were considered and incorporated into the SPIL objectives. These included emphasis on increasing capacity, enhancement of services, increasing collaboration with the IL entities, transition from nursing home, outreach to unserved areas of the state, and training in IL philosophy.

1.5 Cooperation, Coordination, and Working Relationships Among Various Entities

Describe the steps that will be taken to maximize the cooperation, coordination and working relationships among the SILS program, the SILC, and centers; the DSU, other State agencies represented on the SILC and other councils that address the needs of specific disability populations and issues; and other public and private entities determined to be appropriate by the SILC.

The description must identify the entities with which the DSU and the SILC will cooperate and coordinate.

ARS, the Division of Services for the Blind and the AILC cooperate and coordinate with a variety of entities. Cooperation takes place in carrying out activities of planning and coordinating services to people with disabilities to build capacity in communities and agencies, improve the quality and quantity of services and to avoid duplication of services. The AILC actively solicits a Board of Directors comprised of individuals representing a broad range of stakeholders and interested parties regarding IL services. Organizations represented include the Arkansas Department of Human Services, Client Assistance Program, the Arkansas Disability Coalition,

the Disability Rights Center, the Spinal Cord Commission, a representative of local government, disability service providers, and consumers. Both ARS and DSB are represented on the AILC Board and attend meetings. A Center Director is on the Board as a representative of the Centers. These members interact with their respective agencies and organizations, network and cooperate, and coordinate with the ARS, DSB, the AILC and the Centers.

1.6 Coordination of Services

Describe how IL services funded under chapter 1 of title VII of the Act will be coordinated with and complement other services to avoid unnecessary duplication with other Federal, State, and local programs, including the OIB program authorized by chapter 2 of title VII of the Act, that provide IL- or VR-related services.

ARS, DSB and the SILC are aware of all IL and VR services within the state. Cooperative agreements are in place with the Department of Education, Special Education-Transition, and Career Education (Vocational Education). Cooperative agreements are implemented with DDS and Mental Health. Services are planned and coordinated to supplement and avoid duplication including the DSB Older Blind Program. All recipients of financial assistance under Chapter 1 and Chapter 2, adopt such fiscal control and fund accounting procedures as may be necessary to ensure the proper disbursement of, and accounting for funds paid to the State under Chapter 1 and 2. Case record files are maintained that document and fully disclose disbursement for all services. The ARS and DSB comply with written policies concerning comparable benefits that require the counselor to determine and utilize benefits from any other agency that could be utilized in the consumer's individualized written IL plan.

1.7 Independent Living Services for Individuals who are Older Blind

Describe how the DSU seeks to incorporate into, and describe in, the State plan any new methods or approaches for the provision of IL services to older individuals who are blind that are developed under the Older Individuals who are Blind program and that the DSU determines to be effective.

Minutes of the Older Blind Advisory Committee are provided to the Director for the purpose of program evaluation and planning. These minutes, along with those of DSB Board Meetings, consumer satisfaction surveys and the annual evaluation by the independent contractor, Mississippi State Center on Blindness and Low Vision, lay the foundation for identifying and assessing the value of innovative practices.

DSB conducts an annual Client Satisfaction Survey, which is distributed by various methods, including a mail-out to each OIB consumer. Postage-free return addressed envelopes are provided for the return of these surveys. The return rate for the most recent available of these surveys was 44.34% for the year of 2009, regarding FY 2008 consumers; of the 668 surveys mailed, 6.14% were returned as undeliverable.

The nine survey questions reflected the consumer's views of how services were being delivered, the knowledge of the counselor, and the how these services impacted their daily independent

living needs. The consumers were asked to indicate their satisfaction by choosing between strongly agree, agree, disagree and strongly disagree. Each question received an overall satisfaction rating of at least 90.76%, except for the question relating to the consumer's present vision-related needs being met, which received the lowest rating, 84.68%. The highest rated question was a 97.70% relating to courtesy from all staff. Of the 278 surveys received, 43 did not indicate a choice and 5.53% strongly disagreed.

Apart from the needs assessment, Older Blind staff has identified a lack of long-range resources for providing technology, such as CCTVs and computers, to OIB consumers. New approaches to technology will be explored in FY 2011-2013. DSB will continue to offer assistive technology training to new Rehabilitation Teachers as vacant positions are filled, so that staff can provide basic technology support to consumers in their respective geographic areas statewide.

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part II: Narrative

Section 2: Scope, Extent, and Arrangements of Services

2.1 Scope and Extent

2.1A Check the appropriate boxes in the SPIL Instrument table indicating the types of IL services to be provided to meet the objectives identified in section 1.2 of this SPIL, and whether the services will be provided by the CILs or by the DSU (directly and/or through contract or grant).

Table 2.1A: Independent living services	Provided by the DSU (directly)	Provided by the DSU (through contract and/or grant)	Provided by the CILs (Not through DSU contracts/grants)
Core Independent Living Services - Information and referral	Yes	No	Yes
Core Independent Living Services - IL skills training	Yes	No	Yes
Core Independent Living Services - Peer counseling	Yes	No	Yes
Core Independent Living Services - Individual and systems advocacy	Yes	No	Yes

Counseling services, including psychological, psychotherapeutic, and related services	Yes	No	No
Services related to securing housing or shelter, including services related to community group living, and supportive of the purposes of this Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by, individuals with significant disabilities)	Yes	No	Yes
Rehabilitation technology	Yes	No	Yes
Mobility training	Yes	No	Yes
Services and training for individuals with cognitive and sensory disabilities, including life skills training, and interpreter and reader services	Yes	No	Yes
Personal assistance services, including attendant care and the training of personnel providing such services	No	No	Yes
Surveys, directories and other activities to identify appropriate housing, recreation, accessible transportation and other support services	No	No	Yes
Consumer information programs on rehabilitation and IL services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act	Yes	No	Yes
Education and training necessary for living in the community and participating in community activities	Yes	No	Yes
Supported living	No	No	No
Transportation, including referral and assistance for such transportation	Yes	No	Yes
Physical rehabilitation	Yes	No	No
Therapeutic treatment	Yes	No	No
Provision of needed prostheses and other appliances and devices	Yes	No	No
Individual and group social and recreational services	No	No	Yes
Training to develop skills specifically designed for youths who are individuals with significant disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options	Yes	No	Yes

Services for children with significant disabilities	No	No	Yes
Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance of substantial benefit in enhancing the independence, productivity, and quality of life of individuals with significant disabilities	No	No	Yes
Appropriate preventive services to decrease the need of individuals with significant disabilities for similar services in the future	No	No	Yes
Community awareness programs to enhance the understanding and integration into society of individuals with disabilities	Yes	No	Yes
Other necessary services not inconsistent with the Act	Yes	No	Yes

2.1B Describe any service provision priorities, including types of services or populations, established for meeting the SPIL objectives identified in section 1.2.

The ARS, DSB, the Centers and with support from the AILC have a priority for outreach to unserved and underserved populations within the service areas of minority populations including African Americans, Native American, Pacific Islanders, Hispanics and Asians. The Centers have a priority in transition services of individuals with disabilities from nursing homes to IL settings. The IL entities are seeking to collaborate and explore new and innovative approaches to provide services more effectively in the geographical areas of the state that are not in the service area of a CIL through coordination of services between the Centers and the state agencies.

2.1C If the State allows service providers to charge consumers for the cost of services or to consider the ability of individual consumers to pay for the cost of IL services, specify the types of IL services for which costs may be charged and for which a financial need test may be applied, and describe how the State will ensure that:

- Any consideration of financial need is applied uniformly so that all individuals who are eligible for IL services are treated equally; and
- Written policies and consumer documentation required by 34 CFR 364.59(d) will be kept by the service provider.

Indicate N/A if not applicable.

DSB and the Centers do not consider a financial needs test in the provision of IL services. ARS follows a financial needs policy outlined in its Economic Need policy. Financial need is considered not as a condition for furnishing a service, but is utilized to determine if the individual has adequate financial resources to contribute towards the cost of their independent living services. The policy is in written form in the ARS Policy and Procedures Manual to facilitate uniformity in application. A financial needs test is applied to IL services with the exception of assessment of rehabilitation needs, including rehabilitation technology, except for

those services other than of a diagnostic nature which are provided under extended evaluation; and counseling, guidance and referral services. Case records files are maintained by ARS on each individual provided IL services.

2.2 Arrangements for State-Provided Services

2.2A If the DSU will provide any of the IL services identified in section 2.1A through grants or contractual arrangements with third parties, describe such arrangements.

The ARS and DSB do not provide any IL services through grants or contracts. ARS and DSB services are provided directly or purchased individually.

2.2B If the State contracts with or awards a grant to a center for the general operation of the center, describe how the State will ensure that the determination of an individual's eligibility for services from that center shall be delegated to the center.

The ARS and DSB provide grants to the CIL programs for operations. All CIL staff and operations of the Centers are separate and independent from the ARS and DSB. All case service records of individuals provided IL services by the Centers are housed in the Centers. The Centers are located independently from the ARS and DSB offices.

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part II: Narrative

Section 3: Design for the Statewide Network of Centers

3.1 Existing Network

Provide an overview of the existing network of centers, including non-Part C-funded centers that comply with the standards and assurances in section 725 (b) and (c) of the Act, and the geographic areas and populations currently served by the centers.

There are four Centers for Independent Living in Arkansas. The Centers provide the four core services in 25 of the 75 counties. There are no non-Part C-funded centers in Arkansas. The Centers are as follows:

1. Spa Area Independent Living Services, Inc. (SAILS)
2. Independent Living Resource Center d.b.a. Mainstream
3. Delta Resource Center
4. Sources for Community Independent Living Services, Inc. (SOURCES)

SAILS

Spa Area Independent Living Services, Inc. (SAILS) serves Garland, Hot Spring, Clark, Saline, Montgomery and Pike counties in Arkansas. According to the 2000 Census the population of these counties is 271,134 with 54,319 being people reporting having a disability. Statistics show this population as being 89% white, 8.5% African American, 3.75% Hispanic and approximately 1% Native American, Asian and Pacific Islander combined. These percentages are very likely to change when the results of the 2010 census are reported, especially with the Hispanic community. New estimates from the U.S. Census Bureau show that Arkansas' Hispanic population is now approximately 6.7% of its population. In its last reporting year SAILS served 71% white, 24% African American and less than 1% Hispanic, Native American, Asian and Pacific Islander. These statistics indicate that the Hispanic population is being underserved in our service area and needs to be a priority in SAILS outreach efforts. Also, SAILS service area is extremely rural with Garland County being the most metropolitan area because of the city of Hot Springs. Saline County is growing but still consists of very rural areas. In the last reporting year 77% of the people served were from the Garland County area indicating an additional underserved population of people with disabilities in rural areas. This will also be a priority for SAILS outreach efforts.

Mainstream

Mainstream is a cross disability organization that serves persons with various significant disabilities in central Arkansas. The Center has a successful history of working with people from diverse backgrounds and ethnicities. In 2009 Mainstream provided assistance to the following minority populations: African American, Native American, Asian American, individuals of Hispanic descent and Pacific Islanders. The Center's catchment area includes the following counties: Faulkner, Lonoke, Perry, Prairie and Pulaski. Data from the 2000 U.S. Census shows that there were 576,471 people in Arkansas who identified themselves as having a condition that severely limited their daily activities. Mainstream is responsible for providing Independent Living Services in 5 of the 75 counties in Arkansas. The combined total of the population for the aforesaid counties is 567,750 people, and out of this population, 100,717 people identified themselves as persons with disabilities. Therefore, the Center has the potential to serve 18.85 percent of persons with disabilities in Arkansas with adequate resources being available. Mainstream's catchment area represents 6.7 percent of Counties in Arkansas. Data collected from the 2000 U.S. Census indicates that there were 135,860 persons from a minority background with disabilities who reside within Mainstream's catchment service area. Therefore, it is estimated that 15% of minority individuals are unserved or underserved persons with disabilities in the Center's rural catchment areas.

In July of 2009 it was estimated that 141,000 people of Hispanic descent were living in Arkansas. It is projected that 21,236 individuals of Hispanic or Latino descent are living in Mainstream's catchment area. Out of that number approximately 4,000 individuals are persons with disabilities. The Hispanic population lives in both urban and rural areas of the Center's catchment area. This segment of the population is unserved, due to language barriers and cultural basis. Therefore, Mainstream has the potential to serve another 3.7 percent of the traditional minority population in Arkansas. This will be done through collaboration and community outreach. Mainstream recognized that the deaf community is an underserved population in the

Center's catchment area, and the Center has plans to do extensive outreach to that community for the purpose of providing IL Services during 2011-2013 State IL Plan.

Delta Resource Center

Delta Resource Center (Delta) serves ten counties with Jefferson County including the city of Pine Bluff, the only metropolitan area in the service area. According to the 2000 U.S. Census Jefferson County has 18,533 people with disabilities; Grant 3,541; Arkansas County 5,022; Cleveland 1,777; Lincoln 2,875; Drew 3,859; Desha 4,044; Bradley 3,180; Ashley 5,371; and Chico County 4,032. Delta's service area is predominantly rural and represents 56% of the total number of persons with disabilities living in this part of the state. Only 3 of the counties are close to Pine Bluff which is the only metropolitan area. Transportation is a huge need for persons in this service area and most times is unavailable, so home visits and community networks are the most effective ways to reach those in need. Delta's approach to increasing and enhancing IL services for underserved areas includes promotion and education of CIL services and establishing networks with other service organizations and building relationships with community organizations.

SOURCES

Sources for Community Independent Living Services, Inc. (SOURCES) serves Benton, Carroll, Madison, and Washington Counties in Arkansas. According to the 2000 Census the population of these counties is 448,802 with 62,202 being people reporting having a disability and 50,606 being 65 or older. Statistics show this population on average as being 94% white, 1% African American, 11% Hispanic and approximately 2% Native American, Asian and Pacific Islander combined. These percentages are very likely to change when the results of the 2010 census are reported, especially with the Hispanic community. New estimates from the U.S. Census Bureau show that Arkansas' Hispanic population is now approximately 6.7% of its population. In its last reporting year SOURCES served 82% white, 17% African American and less than 1% Hispanic, Native American, Asian and Pacific Islander. These statistics indicate that the Hispanic population is being underserved in our service area and needs to be a priority in SOURCES outreach efforts. Also, SOURCES service area is extremely rural and large with Washington County being the most metropolitan area because of the city of Fayetteville. In the last reporting year 67% of the people served were from the Washington County area indicating an additional underserved population of people with disabilities in rural areas. This will also be a priority for SOURCES outreach efforts.

3.2 Expansion of Network

Describe the design for the further expansion of the network, including identification of the unserved and underserved areas in the State and the order of priority for serving these areas as additional funding becomes available (beyond the required cost-of-living increase).

Arkansas is a small, predominantly rural state with 75 counties. Currently only 25 of these counties are being served by four centers for independent living. Each center is located in a metropolitan area where services are more widely available and where people with disabilities in the more rural covered counties generally travel to in order to receive services.

The expansion of Independent Living service offerings will follow a specific process. Information provided via Centers for Independent Living, community forums and grassroots organizations establish the need for an additional Center for Independent Living. The feasibility determination process will consist of the following components: (1) compilation of data supporting the expansion; (2) formation of a committee charged with investigating the capacity of the community under consideration to support a new Center and the impact on existing Centers with contiguous service areas; (3) development of a community action plan to address deficiencies if expansion is recommended; (4) establishment of satellite center if expansion is recommended under mentorship of existing Center geographically nearest the new service area; and (5) the satellite Center becomes independent upon development of funds necessary to fully support autonomy.

The first priority area in expansion of the IL network into unserved and underserved areas of the state is in Northeast Arkansas, with a second priority in the Southwest area, followed by the North central counties. At this time, the SILS partners are exploring the possibility of opening a satellite CIL office in Northeast Arkansas in the city of Jonesboro. Northeast Arkansas has a major population concentration in Jonesboro and the surrounding area. Initially, two counties are being considered: Craighead County, which includes the city of Jonesboro, and Mississippi County, which borders Craighead on the west and the Mississippi Delta on the east. A significant concentration of individuals with disabilities resides in these counties according to the Maximus SSA Beneficiary Distribution Website. The Mississippi Delta is an economically depressed area and includes a significant number of individuals with disabilities and minority population. A business plan will be developed and funding sources in the community explored. If the satellite can be implemented and sufficient funding becomes available, future growth will involve expansion into a stand-alone CIL serving several counties.

The minimum amount of regular funding that is believed to be sufficient to establish and maintain a successful new center in the unserved region is \$255,000 of Part C funds. A minimum of staff was determined as Executive Director, Independent Living Advocate, Information and Referral Coordination and Financial/Office Manager. This staff requirement along with usual and customary costs of doing business was used to determine the minimum funding amount.

Arkansas is a minimally funded state under the formula for Part C Independent Living. A needs assessment in Northeast Arkansas indicates a lack of awareness of need in the community for independent living services and the assessment was unable to determine an organization or agency to contribute funding towards implementing or sustaining a Center for Independent Living. The state of Arkansas is currently receiving budget reductions in state agencies and the DSUs have received budget cuts for the current fiscal year. At this time it is determined that there is insufficient funding to create and sustain a new center. The method by which the State would distribute the excess funds over COLA to its existing Part C centers in situations where there is insufficient funding to create a new center is across the centers in the same proportion to center's annual Part C award.

3.3 Section 723 States Only

3.3A If the State follows an order of priorities for allocating funds among centers within a State that is different from what is outlined in 34 CFR 366.22, describe the alternate order of priority that the DSU director and the SILC chair have agreed upon. Indicate N/A if not applicable.

N/A

3.3B Describe how the State policies, practices and procedures governing the awarding of grants to centers and the oversight of these centers are consistent with 34 CFR 366.37 and 366.38.

N/A

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part II: Narrative

Section 4: Designated State Unit (DSU)

4.1 Administrative Support Services

4.1A Describe the administrative support services to be provided by the DSU for the SILS (Part B) program and, if the State is a Section 723 State, for the CIL (Part C) program.

Refer to the SPIL Instructions for additional information about administrative support services.

The ARS and DSB receive, account for, and disburse funds received for the SILS program based on the State Plan for Independent Living. All administrative support for the ARS and DSB IL programs is provided through employees of the ARS and DSB. All staff and employees of the AILC and the Centers are employed exclusively by them and are not state employees.

4.1B Describe other DSU arrangements for the administration of the IL program, if any.

The staffs of ARS and DSB administer the state agencies' IL programs. ARS and DSB staffs are available for technical assistance to the AILC and Centers. Technical assistance and communication take place on an ongoing basis and are encouraged in order to support the overall state IL program.

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services
Plan for: 2011-2013
Submitted in fiscal year: 2010

Part II: Narrative

Section 5: Statewide Independent Living Council (SILC)

5.1 Resource plan

5.1A Describe the resource plan prepared by the SILC in conjunction with the DSU for the provision of resources, including staff and personnel, made available under parts B and C of chapter 1 of title VII, section 101(a)(18) of the Act, and from other public and private sources that may be necessary to carry out the functions of the SILC identified in section 705(c). The description must address the three years of this SPIL.

- Refer to the SPIL Instructions for more information about completing this section.

Funding for the resource plan of the AILC is provided by ARS and DSB from Section 110 Innovation and Expansion funds. ARS provides 88% and DSB 12% of the funds for the resource plan of the AILC. The amounts of the AILC resource plan projected for FY '11, '12 and '13 are \$169,955, \$175,054 and \$180,306 respectively. The AILC, ARS and DSB develop the resource plan collaboratively. The plan provides all resources for the AILC including staff and personnel. All funds are provided by the DSUs. There are no other public or private funds included in the resource plan.

5.1B Describe how the following SILC resource plan requirements will be addressed.

- The SILC's responsibility for the proper expenditure of funds and use of resources that it receives under the resource plan.

The AILC has approved financial policies and procedures that ensure all funds are expended appropriately and with integrity. These policies are executed with authority by the Executive Director and with oversight from the AILC Council. The Financial records are reviewed monthly by the Executive Director and the AILC Council and reported to all appropriate entities. Funding for the AILC yearly resource plan is outlined in a written grant agreement with ARS and DSB. The expenditures under the resource plan are monitored periodically by both ARS and DSB, and reviewed annually through a year-end financial review, which is provided to both DSUs. There is a written contract with the AILC regarding funding. The contract requires written records, access and records retention. The contract requires the AILC to comply with applicable EDGAR fiscal and accounting requirements and by generally accepted accounting procedures and requirements of the state of Arkansas. The AILC agrees to allow DSU staff or other designees, to conduct program monitoring and evaluation during normal working hours. Termination may be immediate if at any time, the DSU concludes that AILC has not fully performed any/all the responsibilities under this agreement, an emergency situation arises or funding is not available.

This does not affect any legal rights the DSU has in the recovery process related to damages if the AILC has not performed according to the terms of the agreement.

- Non-inclusion of conditions or requirements in the SILC resource plan that may compromise the independence of the SILC.

The AILC is an independent 501(c)(3) non-profit corporation with a governor appointed Board of Directors. The AILC is placed administratively outside the government structure. The AILC is physically located autonomously from any state government buildings. A clause has been developed to add to the contract to insure that the DSU will not include conditions or requirements in the AILC resource plan that would compromise the independence of the SILC.

- Reliance, to the maximum extent possible, on the use of resources in existence during the period of implementation of the State plan.

The ARS and DSB provide funding for the AILC resource plan through a written grant agreement. The amounts are agreed upon within the State Plan for Independent Living and ratified by the AILC Board of Directors and the Directors of the DSUs. Spending is monitored through the finance sections of both ARS and DSB.

5.2 Establishment and Placement

Describe how the establishment and placement of the SILC ensures its independence with respect to the DSU and all other State agencies. Refer to the SPIL Instructions for more information about completing this section.

The AILC obtained Articles of Incorporation on November 21, 1994 and gained status as an independent 501(c)(3) non-profit corporation on February 2, 1995. The Governor appoints the Board of Directors. The AILC is located outside the state government structure.

5.3 Appointment and Composition

Describe the process used by the State to appoint members to the SILC who meet the composition requirements in section 705(b). Refer to the SPIL Instructions for more information about completing this section.

The AILC tracks appointments and expirations of terms of Board members. A database was developed to assist in tracking and to monitor composition requirements. The AILC created a nominating committee to monitor and nominate candidates for Board membership. The governor appoints members to the AILC Board of Directors. The governor's office notifies the AILC of appointments when they are completed. Prospective members are recommended to the governor through collaborative effort by the AILC and Directors of the ARS and DSB. ARS, DSB, the AILC and the governor collaborate to insure that the members meet AILC composition and qualifications requirements. The AILC selects a chairperson from among the voting membership of the Council. Membership terms of service are for 3 years, for no more than 2 consecutive terms. A member appointed to fill a vacancy occurring prior to the expiration of the term for

another member, is appointed for the remainder of such term. Terms are appointed on a staggered basis. Vacancies are filled by appointment of the governor.

5.4 Staffing

Describe how the following SILC staffing requirements will be met.

- SILC supervision and evaluation, consistent with State law, of its staff and other personnel as may be necessary to carry out its functions.

The AILC maintains written policy and procedures in its AILC Personnel Policies in conformance with state and federal law.

- Non-assignment of duties to SILC staff and other personnel made available by the DSU, or any other State agency or office, that would create a conflict of interest while assisting the SILC in carrying out its duties.

The DSUs do not assign duties to SILC staff and other personnel are not made available by the DSU or other State agency or office. The SILC is an independent 501(c)(3) non-profit agency and no DSU staff or personnel are employed by the SILC.

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part II: Narrative

Section 6: Service Provider Requirements

Describe how the following service provider requirements will be met:

6.1 Staffing

- Inclusion of personnel who are specialists in the development and provision of IL services and in the development and support of centers.

ARS, DSB and the Centers maintain personnel policies that encourage hiring staff and utilizing individuals that are knowledgeable and specialists in VR and IL services. Counselors are CRC certified or working toward certification. The ARS Successful Employment through Assistive Technology (SEAT) and Increasing Capabilities Access Network (ICAN) programs have specialists in assessment, and provision of assistive technology, and rehabilitation technology that work with IL consumers. DSB has rehabilitation teachers and mobility instructors that are specialists in IL. The Centers have policy and procedures that cover personnel, financial, service

provision and office procedures. The job description includes requirements under the section, Acceptable Training and Experience, that include a Bachelors Degree in rehabilitation or other related field is preferred, two or more years in community organizing and training, personal disability or experience with the disabled population, and knowledge of disability laws, policies and regulations. The Centers are developing uniform written policy that will specifically cover inclusion of personnel who are specialists in the development, and provision of IL services, and in the development and support of Centers.

- Availability, to the maximum extent feasible, of personnel able to communicate (1) with individuals with significant disabilities who rely on alternative modes of communication, such as manual communication, nonverbal communication devices, Braille, or audio tapes and (2) in the native languages of individuals with significant disabilities whose English proficiency is limited and who apply for or receive IL services under title VII of the Act.

The DSUs and the CILs seek to employ individuals with skills in alternative modes of communication and native languages. The ARS assistive technology project has staff that is trained and utilizes vendors certified in alternative communication devices. Each entity has staff or contracts with interpreters of Spanish and other languages, sign language interpreters for the deaf and hard of hearing, and Braille.

- Establishment and maintenance of a program of staff development for all classes of positions involved in providing IL services and, where appropriate, in administering the CIL program, improving the skills of staff directly responsible for the provision of IL services, including knowledge of and practice in the IL philosophy.

The DSUs and CILs have written policy requiring and making available continuing education, training, and staff development for all classes of positions involved in providing IL services. ARS has provided training in IL philosophy. ILRU on-line training will also be provided to the DSU's and CIL's staff.

- Affirmative action to employ and advance in employment qualified individuals with significant disabilities on the same terms and conditions required with respect to the employment of individuals with disabilities under section 503 of the Act.

The DSUs have written policy in compliance with section 503 of the act. Uniform written policy is being developed on affirmative action with all the CILs.

6.2 Fiscal Control and Fund Accounting

- Adoption of those fiscal control and fund accounting procedures as may be necessary to ensure the proper disbursement of and accounting for funds made available through parts B and C of chapter 1 of title VII of the Act, in addition to complying with applicable EDGAR fiscal and accounting requirements.

The ARS and DSB have adopted internal accounting controls complying with applicable EDGAR fiscal and accounting requirements, and as required by generally accepted accounting procedures and requirements of the state of Arkansas. The internal controls of the agency are subject to an annual audit by the Arkansas Legislative Audit under the requirements of the Single Audit Act, and the Compliance Supplement. The AILC and Centers have internal accounting controls in compliance with state and federal law. The AILC and Centers maintain their own financial records in house and retain this information using an accounting software system. The Centers use an outside accounting service to prepare payroll for the organizations and to conduct a monthly external bank statement audits. The AILC and Centers maintain written policy under Financial Policy and Procedures. The Centers will develop uniform policy and procedures for use in all Centers.

6.3 Recordkeeping, Access and Reporting

- Maintenance of records that fully disclose and document the information listed in 34 CFR 364.35.

The DSUs and Centers maintain fiscal records, personnel records, and consumer files in accordance with the Education Department of General Administrative Regulations.

- Submission of annual performance and financial reports, and any other reports that the Secretary determines to be appropriate

All appropriate reports are submitted to the Secretary or Commissioner as required.

- Access to the Commissioner and the Comptroller General, or any of their duly authorized representatives, for the purpose of conducting audits, examinations, and compliance reviews, to the information listed in 34 CFR 364.37.

All records and files are available for review by authorized personnel.

6.4 Eligibility

- Eligibility of any individual with a significant disability, as defined in 34 CFR 364.4(b), for IL services under the SILS and CIL programs.

ARS and DSB maintain policy and procedure in compliance with federal and state law regarding eligibility, information and referral, non-discrimination, and no residency requirement other than presence in the state.

- Ability of any individual to seek information about IL services under these programs and to request referral to other services and programs for individuals with significant disabilities.

Ability to seek information, eligibility determination, information and referral, non-discrimination, and non-exclusion from IL services based on residency are included in written

policy and procedure. The individual Centers have policy and procedures on these issues. The Centers will develop uniform policy and procedures for use in all Centers on ability of any individual to seek information about IL services under these programs, and to request referral to other services and programs.

- Determination of an individual's eligibility for IL services under the SILS and CIL programs in a manner that meets the requirements of 34 CFR 364.51.

The Centers have uniform policy and procedures for use in all Centers on determination of an individual's eligibility for IL services, under the SILS and CIL programs in a manner that meets the requirements of 34 CFR 364.51.

- Application of eligibility requirements without regard to age, color, creed, gender, national origin, race, religion, or type of significant disability of the individual applying for IL services.

The Centers have uniform policy and procedures for use in all Centers on application of eligibility requirements without discrimination.

- Non-exclusion from receiving IL services of any individual who is present in the State and who is otherwise eligible for IL services, based on the imposition of any State or local residence requirement.

The Centers have uniform policy and procedures for use in all Centers non-exclusion from receiving IL services of any individual who is present in the State, and who is otherwise eligible for IL services, based on the imposition of any State or local residence requirement.

6.5 Independent Living Plans

- Provision of IL services in accordance with an IL plan complying with Sec. 364.52 and mutually agreed upon by the individuals with significant disabilities and the appropriate service provider staff unless the individual signs a waiver stating that an IL plan is unnecessary.

ARS' and DSB's IL plans are developed for each individual in compliance with federal and state law. The DSUs are developing more comprehensive monitoring procedures for the Centers that will include IL case review. The Centers' IL Plans are developed or waived at application, and included in a packet that also outlines the grievance procedure and CAP information including contact numbers. The Centers will develop uniform policy and procedure regarding provision of IL services for use in all Centers. The Centers' Independent Living Plans are developed with the consumer with emphasis on consumer control. The Centers promote consumer involvement and offer individuals every opportunity to be active participants in the development of their IL Plans.

6.6 Client Assistance Program (CAP) Information

- Use of accessible formats to notify individuals seeking or receiving IL services under chapter 1 of title VII about the availability of the CAP program, the purposes of the services provided under the CAP, and how to contact the CAP.

The ARS and DSB provide each consumer with CAP information at application and make it available throughout the IL process. The Centers have written policy requiring notification of clients and applicants of the Client Assistance Program (CAP). The Centers use a CAP informational pamphlet that is given to consumers at intake, and information provided about the Disability Rights Center, the Protection and Advocacy group in Arkansas. The CAP information is made available in accessible formats.

6.7 Protection, Use and Release of Personal Information

- Adoption and implementation of policies and procedures meeting the requirements of 34 CFR 364.56(a), to safeguard the confidentiality of all personal information, including photographs and lists of names.

The ARS and DSB have written policy in compliance with federal and state law. The Centers have written policy to not release any personal information on consumers or employees without their written authorization. This is to ensure confidentiality in accordance with all federal laws and regulations. The CIL principle of confidentiality is maintained for all programs, departments, functions, and activities in accordance with policies and procedures of the organization.

State Plan for Independent Living (SPIL)

State: Arkansas
 Agency: Arkansas Rehabilitation Services
 Plan for: 2011-2013
 Submitted in fiscal year: 2010

Part II: Narrative

Section 7: Evaluation

Describe the method that will be used to periodically evaluate the effectiveness of the plan in meeting the objectives established in Section 1. The description must include the State's evaluation of satisfaction by individuals with significant disabilities who have participated in the program.

Section 7: Evaluation

Goal(s) and the related Objective(s) from Section 1	Method that will be used to evaluate
Mission of the SILS	The AILC, ARS and DSB are responsible for monitoring, reviewing, and evaluating the implementation of the State Plan for Independent Living

<p>and CIL Programs</p> <p>Goal of the SILC</p> <p>Goal of the Centers for Independent Living</p> <p>Goal of the Division of Services for the Blind</p> <p>Goal of Arkansas Rehabilitation Services</p>	<p>(SPIL). The AILC will utilize the following evaluation components to ensure compliance with the requirements of Section 7. These include:</p> <ol style="list-style-type: none"> 1. The AILC has elected a committee to monitor, review and evaluate progress on implementation and meeting the objectives and activities of the SPIL. 2. The AILC will address as part of its quarterly business funding and whether the resource plan timelines or funding are adequate and need adjustments in order to meet current and future needs. 3. Submitting the annual 704 report to Rehabilitation Services Administration in conjunction with ARS and DSB. The AILC will complete the information for Part 1 of the report and submit it to the DSUs. ARS will include the information in the full report that they submit to RSA not more than 120 days after the end of the federal fiscal year. The AILC will monitor and review the 704 report quarterly. 4. Publishing an Annual Report. This report will review the AILC's activities, successes, and problems over the previous fiscal year. It will be made available to the AILC's mailing list, through request by e-mail, and on the AILC's website. 5. AILC Review. The AILC will review the progress of the SPIL quarterly. Goals and objectives will be evaluated for quantitative and qualitative results. 6. Consumer compilations. All written comments from consumers received by the AILC regarding IL services shall be kept on record and considered in the development of the 704 report. The AILC newsletter will continue to encourage consumers to send comments in to the office. Comments sent to the newsletter may be published in the newsletter. 7. The AILC will compile all customer satisfaction surveys from the Centers, ARS and DSB and publish the results annually. These will be assessed for effectiveness and to identify areas of need. 8. ARS staff will attend quarterly AILC meetings. Attending these meetings allow ARS to stay abreast of consumer satisfaction, statewide initiatives to expand IL services and to gather information on IL activities. 9. AILC staff will attend quarterly ARS meetings. This will allow the AILC to learn about ARS programs and services and help with the monitoring of the SPIL.
---	---

	<p>10. ARS staff will monitor quarterly financial and program reports submitted by the AILC.</p> <p>11. ARS staff will monitor quarterly financial and program reports submitted by the Centers.</p> <p>12. ARS staff will attend RSA reviews or monitoring activities of the Centers.</p> <p>13. ARS staff will review annual federal reports of the AILC and the Centers.</p> <p>14. The Centers use customer satisfaction questionnaires with consumers. DSB utilizes a customer satisfaction survey for IL. ARS is developing a customer satisfaction instrument as part of Objective 3 under Section 1.2.</p>
--	--

State Plan for Independent Living (SPIL)

State: Arkansas

Agency: Arkansas Rehabilitation Services

Plan for: 2011-2013

Submitted in fiscal year: 2010

Part II: Narrative

Section 8: State-Imposed Requirements

8 State-Imposed Requirements

Identify any State-imposed requirements contained in the provisions of this SPIL.

ARS follows a financial needs policy outlined in its Economic Need policy. Financial need is considered not as a condition for furnishing a service, but is utilized to determine if the individual has adequate financial resources to contribute towards the cost of their independent living services. ARS and DSB follow a comparable benefits policy to determine if any IL benefit or service is available from other programs or health insurance that can be utilized in the individual's IL plan. Comparable benefits are not a condition of eligibility.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number of this information collection is 1820-0527. The time required to complete this information collection is estimated to average 60 hours per response, including the time to review instructions, search existing data sources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate or suggestions for improving this form, please write to: U.S. Department of Education, Washington, D.C. 20202-4760. If you have any comments or concerns regarding the status of your individual submission of this form, write directly to: Ms. Sue Rankin-White, U.S. Department of Education, Rehabilitation Services Administration, PCP-5013, 400 Maryland Ave, SW, Washington, DC 20202-2800.