

## **Set Your Goals**

Unit 3 Making Decisions

**Goals should be:**

- 1. Specific--Written down in clear and understandable language**
- 2. Realistic--Practical and Obtainable**
- 3. Timeframe—Set with a timeline or deadline**
- 4. Measurable—Observable**
- 5. Discussed—Tell others for help and feedback**
- 6. Completed--Worked on until complete**

**Categories:**

- |                        |                           |
|------------------------|---------------------------|
| <b>A. Personal</b>     | <b>D. Financial</b>       |
| <b>B. Educational</b>  | <b>E. Career</b>          |
| <b>C. Recreational</b> | <b>F. Family and Home</b> |

**List your goals below following the rules listed above and using the categories listed. Short-term goals may be stepping stones to reach medium and long-term goals. You may be working on several goals concurrently. First, ask yourself what you can accomplish within the time frame and then set your goals.**

**Short-Term Goals—Accomplishments within the next two (2) years**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**Medium-Term Goals—Accomplishments within the next ten (10) years**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_ Period \_\_\_\_\_

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**Long-Term Goals—Lifetime Accomplishments after you complete your Education/Training**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**To obtain the goals written above what do you need to do this year?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**What do you need to do while in high school?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Are your goals specific? \_\_\_\_\_

Are your goals reasonable and obtainable? \_\_\_\_\_

Are your goals measurable and observable? \_\_\_\_\_

Will you discuss these with others for feedback and help? \_\_\_\_\_

Will you work on these goals until they are realized? \_\_\_\_\_

Have you taken into consideration how your goals will affect others? \_\_\_\_\_

Have considered how you will balance your goals with your values? \_\_\_\_\_