

## Student Organization

Family & Consumer Sciences Education programs are required to have an affiliated FCCLA (*Family, Career & Community Leaders of America*) chapter as an integral part of the instructional program.



FCCLA is unique among youth organizations because its programs are planned and run by members. It is the only Career and Technical Student Organization with the family as its central focus. Participation in national programs and chapter activities helps members become strong leaders in their families, careers, and communities.

Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life planning, goal setting, problem solving, decision making, and interpersonal communication necessary in the home and workplace.

STATE OF ARKANSAS



Mike Beebe  
*Governor*

William L. "Bill" Walker, Jr.  
*Director*

Department of Career Education



**Family & Consumer  
Sciences Education**

*Developing  
Knowledge, Skills,  
Attitudes & Behavior*

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Office of Family and Consumer Sciences  
Suellen Ward, Program Manager

# Family & Consumer Sciences Education

The Family & Consumer Sciences Education Program of Study is categorized in the Human Services Career Cluster and is part of the Family and Community Services Pathway. This diverse program of study prepares students for postsecondary training and employment in careers related to families and human needs.

Students who complete this program of study will develop the knowledge, skills, attitudes, and



behaviors needed for strengthening the well-being of individuals

and families across the life span. They will learn what it takes to become responsible citizens and leaders in family, community, and work settings. Courses in this program promote skills for optimal nutrition and wellness habits throughout life, managing resources to meet the material needs of individuals and families, balancing personal, home, family, and work lives, using critical and creative thinking skills to address problems in diverse environments, being successful in life management, developing career plans, functioning effectively as providers and consumers of goods and services, appreciating human worth, and accepting responsibility for one's actions and success in family and work life.

An advisory committee, which consists of community members and meets twice annually, is strongly recommended for this program of study.

## Foundation Course

The foundation course for the Family & Consumer Sciences Education Program of Study is Family and Consumer Sciences Investigation (Family CSI). This course is a one semester class which may be taught in either the seventh or eighth grade.

## Core Course

The core course for the Family & Consumer Sciences Education Program of Study is Family & Consumer Science. Family and Consumer Science is designed to provide students with the basic information and skills needed to function effectively within the family and within a changing, complex society. Upon completion of this course, the student should have developed basic life skills that promote a positive influence on the quality of life. The core course, taught in grades nine through 12, is a year-long class for which students should receive one unit of graduation credit.

## Elective Courses

In order to complete a program of study, a student must complete three units in a defined sequence of courses. The following elective courses may be used to complete this program of study:

- Family Dynamics 1 unit
- Child Development .5 units
- Clothing Management .5 units
- Food & Nutrition .5 units

- Food Science\* .5 units
- Housing & Interior Design .5 units
- Human Relations .5 units
- Leadership & Service Learning\* .5 units
- Nutrition & Wellness\* .5 units
- Parenting .5 units
- Personal & Family Finance .5 units

*\*These courses require Arkansas Department of Career Education approval prior to implementation. Contact the Office of Family and Consumer Sciences at 501-682-1115 for additional information.*

Other support courses which may be used as options to complete this program are:

- Workplace Readiness .5 units
- Workforce Technology 1 unit
- Jobs for Arkansas's Graduates (JAG) 1 unit

NOTE: Only one unit of these support courses may be used as an elective option to complete this program of study.

## Other Programs of Study

Other programs of study which are approved by the Office of Family and Consumer Sciences are:

- Education & Training
- Culinary Arts
- Food Production, Management & Services
- Lodging Management
- Child Care Guidance, Management & Services
- Cosmetology

For information about implementing any of these programs, please contact the Office of Family and Consumer Sciences at:

**501-682-1115**